

OCT

# SGPT



SMALL GROUP PERSONAL TRAINING

**MON**

**TUE**

**WED**

**THU**

**FRI**

**SAT**

**6:00  
AM**

DEE

BROOKE

DEE

LIZ

JOY

**9:00  
AM**

DEE

ROTATING-  
SEE APP

**10:00  
AM**

DEE

JOY

DEE

JACINDA

JOY

**4:30  
PM**

**5:30  
PM**

BROOKE

1 X PER  
WEEK  
\$79

2 X PER  
WEEK  
\$129

UNLIMITED  
PER WEEK  
\$199

5 PACK  
\$99

10 PACK  
\$179

20 PACK  
\$299