

SGPT

SMALL GROUP PERSONAL TRAINING

| | MON | TUE | WED | THU | FRI | SAT |
|-----------------|-------|--------------|-----|-----|-----|----------------------|
| 6:00 AM | DEE | BROOKE | DEE | LIZ | JOY | |
| 9:00 AM | ANNIE | | | | | ROTATING- SEE APP |
| 10:00 AM | DEE | JOY | DEE | LIZ | JOY | |
| <hr/> | | | | | | |
| 4:30 PM | | | | | | |
| 5:30 PM | | BROOKE/ANNIE | | | | |

| | | | | | |
|---------------------|---------------------|---------------------------|---------------|----------------|----------------|
| 1 X PER WEEK | 2 X PER WEEK | UNLIMITED PER WEEK | 5 PACK | 10 PACK | 20 PACK |
| \$79 | \$129 | \$199 | \$99 | \$179 | \$299 |